

Curriculum Vitae



Personal details:

Mohammad Abbasinazari

Current position: Professor of Clinical Pharmacy in Shahid Beheshti University of Medical Sciences

Birth date: 20/09/1974

Education:

- High School Diploma: 1992
- Pharm D; Graduation from Tehran University of Medical Sciences, School of Pharmacy, Iran, 1998
- Board Certified of Clinical pharmacy; Graduation from Tehran University of Medical Sciences, School of Pharmacy, Iran, 2003
- 3 months scholarship program; University of Canberra, Australia, 2010

- Clinical pharmacist in Talighani hospital (mainly in gastrointestinal, endocrine and internal wards)

- The head of clinical pharmacy department in Shahid Beheshti University of Medical Sciences from 2011 to 2015

- The head of clinical pharmacy department in Shahid Beheshti University of Medical Sciences from 2020 to present

Papers:

Publications in English language:

1. Abbasi Nazari M, Mohammadpour AH, Behjati J, Roini MR, Gholami Kh. The effect of atenolol on thyroid hormones in subclinical hyperthyroid patients. *Iranian J Pharmaceutical Sciences* 2005; 1:239-244
2. Abbasi Nazari M, Khanzadeh Moghadam N. Evaluation of pharmacokinetic drug interactions in prescriptions of Intensive Care Unit (ICU) in a teaching hospital. *Iranian Journal of Pharmaceutical Research* 2006;5:215-218
3. Dabir SH, Parsa T, Radpay B, Pozhan S, Khadem Maboduodi AA, Abbasi Nazari M, Salamzadeh J. Analgesic efficacy of intraplurally administered morphine and fentanyl after posterolateral thoracotomy. *Iranian Journal of Pharmaceutical Research* 2007;6: 57- 631.
4. Abbasi Nazari M, Sadrolhefazi B, Nikoofar A, Erfan M, Azizian H, Alamy M. Allopurinol mouthwash for prevention or alleviation radiotherapy induced oral mucositis: A randomized, placebo-controlled trial. *Daru*. 2007;15(4):227-30.
5. Abbasi Nazari M, Kobarfard F, Tabarsi P, Salamzadeh J. Serum copper (cu) alterations in pulmonary tuberculosis patients under treatment with ethambutol. *Biol Trace Elem Res*. 2009;128(2):161-6.
6. Nazari MA, Kobarfard F, Tabarsi P, Azimi M, Salamzadeh J. Effect of antituberculosis regimen containing ethambutol on serum magnesium level in pulmonary tuberculosis patients. *Iran J Pharm Res*. 2009;8(1):33-6.
7. Fahimi F, Nazari MA, Abrishami R, Sistanizad M, Mazidi T, Faghihi T, Soltani R, Baniasadi S. Transcription errors observed in a teaching hospital. *Arch Iran Med*. 2009;12(2):173-5.
8. Nazari MA, Malayeri SH, Pourhoseingholi MA, Mohebi SR, Zali MR. Evaluation of zinc plasma level in iranian cirrhotic patients due to hepatitis B and hepatitis C. *Hepatitis Mon*. 2010;10(1):62-4.
9. Abbasinazari M, Salamzadeh J, Hajebi G, Gilbert B. The role of clinical pharmacists in educating nurses to reduce drug-food interactions (absorption phase) in hospitalized patients. *Iran J Pharm Res*. 2011;10(1):173-8.
10. Abbasinazari M, Nakhjavani M, Gogani S. The effects of simvastatin on the serum concentrations of thyroid stimulating hormone and free thyroxine in hypothyroid patients treated with levothyroxine. *Iran J Med Sci* . 2011;36(2):80-3.
11. Dabir S, Jahandideh M, Abbasinazari M, Kouzekanani H, Parsa T, Radpay B. The efficacy of a single dose of pethidine, fentanyl and morphine in treating postanesthesia shivering. *Pak J Pharma Sci*. 2011;24(4):513-7.
12. Panahi Y, Moghaddam BR, Sahebkar A, Nazari MA, Beiraghdar F, Karami G, Saadat AR. A randomized, double-blind, placebo-controlled trial on the efficacy and tolerability of sertraline in iranian veterans with post-traumatic stress disorder. *Psychol Med*. 2011;41(10):2159-66.

13. Abbasinazari M, Alizadeh AHM, Moshiri K, Pourhoseingholi MA, Zali MR. Does allopurinol prevent post endoscopic retrograde cholangio-pancreatography pancreatitis? A randomized double blind trial. *Acta Med Iran*. 2011;49(9):579-83.
14. Yazdankhah Kenary A, Yaghoobi Notash Jr. A, Nazari M, Yaghoobi Notash A, Borjian A, Afshin N, Khashayar P, Ahmadi Amoli H, Morteza A. Measuring the rate of weight gain and the influential role of diet in patients undergoing elective laparoscopic cholecystectomy: A 6-month follow-up study. *Int J Food Sci Nutr* . 2012;63(6):645-8.
15. Abbasinazari M, Zareh-Toranposhti S, Hassani A, Sistanizad M, Azizian H, Panahi Y. The effect of information provision on reduction of errors in intravenous drug preparation and administration by nurses in icu and surgical wards. *Acta Med Iran*. 2012;50(11):771-7.
16. Abbasinazari M, Talasaz AH, Eshraghi A, Sahraei Z. Detection and management of medication errors in internal wards of a teaching hospital by clinical pharmacists. *Acta Med Iran*. 2013;51(7):482-6.
17. Abbasinazari M, Talasaz AH, Mousavi Z, Zare-Toranposhti S. Evaluating the frequency of errors in preparation and administration of intravenous medications in orthopedic, general surgery and gastroenterology wards of a teaching hospital in tehran. *Iran J Pharm Res*. 2013;12(1):229-34.
18. Aghajani MH, Sistanizad M, Abbasinazari M, Ghamsari MA, Ayazkhoo L, Saf O, Kazemi K, Kouchek M. Potential drug-drug interactions in post-CCU of a teaching hospital. *Iran J Pharm Res*. 2013;12(1):243-8.
19. Abbasinazari M, Sahraee Z, Mirahmadi M. The patients' adherence and adverse drug reactions (ADRs) which are caused by helicobacter pylori eradication regimens. *J Clin Diagn Res*. 2013;7(3):462-6.
20. Abbasinazari M, Behnava B, Panahi Y, Talasaz AH, Salimi S, Keshvari M, Mehrnoush L, Karim P, Fesharaki MG, Asgharinia M, Alavian SM. Plasma zinc level in hepatitis C patients with or without beta thalassemia major; is there any difference? *Hepatitis Mon*. 2013;13(8):6.
21. Sharif-Kashani B, Hamraghani A, Salamzadeh J, Abbasinazari M, Malekmohammad M, Behzadnia N, Fahimi F. The effect of amlodipine and sildenafil on the NT-ProBNP level of patients with COPD-induced pulmonary hypertension. *Iran J Pharm Res*. 2014;13(SUPPL):161-8.
22. Abbasinazari M, Panahi Y, Mortazavi SA, Fahimi F, Valizadegan G, Mohtashami R, Pourhoseingholi MA, Bakhtiari KS. Effect of a combination of omeprazole plus sustained release baclofen versus omeprazole alone on symptoms of patients with gastroesophageal reflux disease (GERD). *Iran J Pharm Res*. 2014;13(4):1221-6.
23. Panahi Y, Khalili N, Hosseini MS, Abbasinazari M, Sahebkar A. Lipid-modifying effects of adjunctive therapy with curcuminoids-piperine combination in patients with metabolic syndrome: Results of a randomized controlled trial. *Complement Ther Med*. 2014;22(5):851-7.

24. Abbasinazari M, Alavian SM, Behnava B, Asgharina M, Salimi S, Keshvari M, Mehrnoush L, Karim P. Effect of zinc supplementation on viral response in patients with chronic hepatitis C and beta thalassemia major, a pilot study. *J Clin Diagn Res.* 2014;8(12):HC16-9.
25. Abbasinazari M, Adib-Eshgh L, Rostami A, Beyraghi N, Dabir S, Jafari R. Memantine in the prevention or alleviation of electroconvulsive therapy induces cognitive disorders: A placebo controlled trial. *Asian J Psychiatry.* 2015;15:5-9.
26. Saadat N, Esmaily H, Abbasinazari M, Tohidi M, Salamzadeh J, Hadaegh F, Tolabi M, Kalantar-Hormozi M, Dibaj M. Does twice-weekly cabergoline improve anthropometrical and biochemical profiles in prediabetes? A randomized double-blind clinical trial pilot study. *Iran J Pharm Res.* 2015;14:77-86.
27. Dabir S, Mohammad-Taheri Z, Parsa T, Abbasi-Nazari M, Radpay B, Radmand G. Effects of propofol versus isoflurane on liver function after open thoracotomy. *Asian Cardiovasc Thorac Ann.* 2015;23(3):292-8.
28. Dabir S, Parsa T, Abbasinazari M, Parviz Y. Effectiveness of a single dose intravenous paracetamol and rectal indomethacin on pain after open septorhinoplasty. *Prensa Med Argent.* 2016;102(1)
29. Shaseb E, Tohidi M, Abbasinazari M, Khalili D, Talasaz AH, Omrani H, Hadaegh F. The effect of a single dose of vitamin D on glycemic status and C-reactive protein levels in type 2 diabetic patients with ischemic heart disease: A randomized clinical trial. *Acta Diabetol.* 2016;53(4):575-82.
30. Abbasinazari M, Farsad B-, Dabagh A, Bakshandeh H. Evaluation of time in therapeutic range (TTR) in patients with non-valvular atrial fibrillation receiving treatment with warfarin in tehran, iran: A cross-sectional study. *J Clin Diagn Res.* 2016;10(9):FC04-6.
31. Mohammad Alizadeh AH, Abbasinazari M, Hatami B, Abdi S, Ahmadpour F, Dabir S, Nematollahi A, Fatehi S, Pourhoseingholi MA. Comparison of rectal indomethacin, diclofenac, and naproxen for the prevention of post endoscopic retrograde cholangiopancreatography pancreatitis. *Eur J Gastroenterol Hepatol.* 2017;29(3):349-54.
32. Abbasinazari M, Salamzadeh J, Eshraghi A, Belbasi V, Ashnagar A. Evaluating community pharmacists' dyspepsia knowledge: A crosssectional study in tehran, iran. *Rev Recent Clin Trials.* 2017;12(1):34-7.
33. Hamdieh M, Abbasinazari M, Badri T, Saberi-Isfeedvajani M, Arzani G. The impact of melatonin on the alleviation of cognitive impairment during electroconvulsive therapy: A double-blind controlled trial. *Neurol Psychiatry Brain Res.* 2017;24:30-4.
34. Mortazavi N, Esmailzadeh H, Abbasinazari M, Babaie D, Alyasin S, Nabavizadeh H, Esmailzadeh E. Clinical and immunological efficacy of aspirin desensitization in nasal polyp patients with aspirin-exacerbated respiratory disease. *Iran J Pharm Res.* 2017;16(4):1639-47.

35. Hatami B, Kashfi SMH, Abbasinazari M, Nazemalhosseini Mojarad E, Pourhoseingholi MA, Zali MR, Mohammad Alizadeh AH. Epinephrine in the prevention of post-endoscopic retrograde cholangiopancreatography pancreatitis: A preliminary study. *Case Rep Gastroenterol*. 2018;12(1):125-36.
36. Abdi S, Abbasinazari M, Valizadegan G, Kamarei M, Panahi Y, Sarafzadeh F, Pourhoseingholi MA. Does the addition of melatonin to quadruple therapy increases the eradication rate of helicobacter pylori? A double-blind randomized clinical trial. *J Clin Diagn Res*. 2018;12(5):FC12-4.
37. Talasaz AH, Shaseb E, Tohidi M, Hadaegh F, Ariannejad H, Abbasinazari M. Effects of parenteral vitamin D on the biomarkers of the endothelial function in patients with type 2 diabetes and ischemic heart disease: A randomized clinical trial. *Iran J Pharm Res*. 2018;17(Special Issue 2):187-94.
38. Abbasinazari M, Heidari-Kord M, Mazaheri-Meybodi A, Eshraghi A, Bayati N. Plasma oxytocin level and sexual dysfunction in depressed women treated by either fluoxetine or citalopram: A pilot clinical trial. *Iran J Pharm Res*. 2018;17(1):408-14.
39. Abbasinazari M. In conversation. *J Pharm Pract Res*. 2019;49(4):396-7.
40. Farrokhian A, Tohidi M, Ahanchi NS, Khalili D, Niroomand M, Mahboubi A, Derakhshi A, Abbasinazari M, Hadaegh F. Effect of bedtime melatonin administration in patients with type 2 diabetes: A triple-blind, placebo-controlled, randomized trial. *Iran J Pharm Res*. 2019;18(Special Issue):258-68.
41. Sadeghi A, Abbasinazari M, Asadzadeh Aghdaei H, Abdi S, Hatami B, Rasoolinezhad M, Jamshidzadeh S, Saadati S. Does melatonin addition to indomethacin decrease post endoscopic retrograde cholangiopancreatography pancreatitis? A randomized double-blind controlled trial. *Eur J Gastroenterol Hepatol*. 2019;31(11):1350-5.
42. Sarraf N, Badri T, Keshvari N, Ghassab-sahebkar A, Qobadighadikolaei R, Abbasinazari M. Comparison of the efficacy and safety of melatonin and memantine in the alleviation of cognitive impairments induced by electroconvulsive therapy: A randomized clinical trial. *J Clin Neurosci* . 2020;74:146-150.
43. Abbasinazari M, Tavana A. Identification and acceptance of suggested therapeutic alternatives of potentially inappropriate medications amongst hospitalised geriatric patients in iran. *J Pharm Pract Res*. 2020;50(1):75-7.
44. Hatami B, Saffaei A, Jamali F, Abbasinazari M. Glutamine powder-induced hepatotoxicity: It is time to understand the side effects of sports nutritional supplements. *Gastroenterology and Hepatology from Bed to Bench* 2020;13:86-89
45. Sarraf N, Badri T , Sahebkar A, Qobadighadikolaei R, Abbasinazari M. Comparison of the efficacy and safety of melatonin and memantine in the alleviation of cognitive impairments induced by electroconvulsive therapy: A randomized clinical trial. *Journal of Clinical Neuroscience* 2020 2;74:146-150

46. Abbasinazari M, Bayati N, Afzal G, Saffaei, A, Sahraei Z. Patients' adherence to tenofovir for the treatment of hepatitis b: The role of clinical pharmacists. *Iranian Journal of Pharmaceutical Sciences*. 2020; 16:35-44
47. Abbasinazari, M., Azizian, H. Probable QT prolongation between chloroquine/hydroxychloroquine in treatment of COVID-19 infection and other medication. *Journal of Cellular and Molecular Anesthesia* 2020; 5: 212-213.
48. Farrokhian, A., Tohidi, M., Niroomand, M., Ahanchi, N.S., Khalili, D., Pirsalehi, A., Derakhshi, A., Hadaegh, F., Abbasinazari, M. Safety and efficacy of melatonin in the lipid profile of patients with type 2 diabetes mellitus: A randomized clinical trial. *Iranian Journal of Endocrinology and Metabolism* 2020; 22:221-229.
49. Abbasinazari, M. Possible role of zinc as an adjunctive therapy in gastrointestinal symptoms of COVID-19 infectious disease. *Gastroenterology and Hepatology from Bed to Bench* 2020; 13:417-418.
50. Dastan, F., Ameri, A., Dodge, S., Hamidi Shishvan, H., Pirsalehi, A., Abbasinazari, M. Efficacy and safety of propolis mouthwash in management of radiotherapy induced oral mucositis; A randomized, double blind clinical trial. *Reports of Practical Oncology and Radiotherapy* 2020; 25:969-973.
51. Shahrokh, S., Qobadighadikolaei, R., Abbasinazari, M., Haghazali, M., Aghdaei, H.A., Abdi, S., Balaii, H., Khanzadeh-Moghaddam, N., Zali, M.R. Efficacy and safety of melatonin as an adjunctive therapy on clinical, biochemical, and quality of life in patients with ulcerative colitis. *Iranian Journal of Pharmaceutical Research* 2021; 20:197-205
52. Abdi, S., Abbasinazari, M., Ataei, S., Khanzadeh-Moghaddam, N., Keshvari, N. Benefits and risks of melatonin in hepatic and pancreatidisorders; a review of clinical evidences. *Iranian Journal of Pharmaceutical Research* 2021; 20:102-109.
53. Abdi, S., Masbough, F., Nazari, M., Abbasinazari, M. Drug-induced esophagitis and helpful management for healthcare providers. *Gastroenterology and Hepatology from Bed to Bench*. 2022;15:219-224.
54. Abdi, S., Ataei, S., Abroon, M., Sanaye, P.M., Abbasinazari, M., Farrokhian, A. A Comprehensive Review of the Role of Complementary and Dietary Medicines in Eradicating *Helicobacter pylori*. *Iranian Journal of Pharmaceutical Research* 2022;21: e127030.
55. Afshar, S., Abbasinazari, M., Amin, G., Farrokhian, A., Sistanizad, M., Afshar, F., Khalili, S. Endocannabinoids and related compounds as modulators of angiogenesis: Concepts and clinical significance. *Cell Biochemistry and Function* 2022; 40: 826-83
56. Afshar, S., Khalili, S., Amin, G., Abbasinazari, M. A Phase I Randomized, Double-blind, Placebo-controlled Study on Efficacy and Safety Profile of a Sublingually Administered Cannabidiol /Delta 9-tetrahydrocannabinidiol (10: 1) Regimen in Diabetes Type 2 Patients *Iranian Journal of Pharmaceutical Research*, 2022; 21: e132647.

57.Sadeghi, A., Jafari-Moghaddam, R., Ataei, S., Asadiafrooz, M., Abbasinazari, M.Role of vitamin C and rectal indomethacin in preventing and alleviating post-endoscopic retrograde cholangiopancreatography pancreatitis: a clinical study *Clinical Endoscopy* 2023, 56 :214-220.

Publications in Persian language:

- 1.Abbasinazari M, Rezaii T. Drug induced bone metabolism disorders. *Razi* .1378 ;9: 66-75
- 2.Abbasinazari M, Khalili H. Crystalloid and colloid products. *Razi*. 1378 ;10: 35-40
- 3.Abbasinazari M. adverse effects of drugs on ocular system. *Razi*. 1378 ;12:57-62
- 4.Abbasinazari M, Hashemi A. Role of tetracyclines in rheumatology. *Razi*. 1383;9: 27-32
- 5.Abbasinazari M, Azizian H. Drug induced esophageal damage. *Razi*. 1385;4:46-51
- 6.Abbasinazari M, Jamali B. Drug induced rheumatic syndrome. *Razi*.1385;12:36-43
- 7.Abbasinazari M, Salamzadeh J. Knowledge of pharmacists working in Tehran in Emergency contraceptive tablets by HD. *J of Medical Council of Islamic Rep of Iran* 1387;3: 360-67
8. Abbasinazari M, Farsad BF, Alavi SM, Bakhshandeh H, Kharazmkia A, Ariaeinejad P. Comparison of maastricht index between ICU admitted patients receiving a standard enteral feeding product or kitchen made enteral feeding in a teaching hospital of iran. *J Mazandaran Univ Med Sci*. 2011;20(81):53-60.
9. Abbasinazari M, Alizadeh AM, Jamshidi Y. Prescription of ceftriaxone before and after implementation of physician's guidelines in a teaching hospital: A brief report. *Tehran Uni Med J*. 2014;72(3):194-8.
10. Abbasinazari M, Alamdari, Farsad BF, Hajebi G, Karjalian M. The impact of educational alert cards and posters on nursing stations on preventing atorvastatin drug interactions. *J of Medical Council of Islamic Rep of Iran* 1393;2:155-160
11. Ameri A, Abbasinazari M, Fazeli A, Sarafzadeh F, Mahboubi A. The effect of oral selenium on radiotherapy induced mucositis in patients with head and neck cancer: A pilot double-blind study. *J Kerman Univ Med Sci* 2016;23(1):12-20
12. Hoseinpanah F, Abbasinazari M, Moradi O, Soleimani S. Evaluation of the Pattern of Adherence to Levothyroxine Use and Effect of Education via Pamphlet in Hypothyroidism Patients *J of Medical Council of Islamic Rep of Iran* 1397;33(3): 168-172

International Conferences & meetings:

1. Effect of atenolol and propranolol on thyroid function tests in subclinical hyperthyroid patients. Poster in: 9th seminar of pharmaceutical sciences-Tabriz, Iran, 23-26 August, 2004
2. Antibiotics and lungs. Presentation in: Second international congress on pulmonary disease, intensive care and tuberculosis-Tehran, Iran, 15-18 November 2005
3. The effect of propranolol on thyroid hormones in subclinical hyperthyroid patients. Poster in: 13th Asia- Oceania congress of endocrinology- Tehran, Iran, 10-12 May 2006
4. Evaluation of potential pharmacokinetic drug interactions in prescriptions of ICU in a teaching hospital related to Shaheed Beheshti medical university. Presentation in: 10th seminar of pharmaceutical sciences-Tehran, Iran, 21- 24 August 2006
5. Study of the performance of pharmacists regarding the method of emergency contraception (EC) in Tehran. Poster in: 10th seminar of pharmaceutical sciences-Tehran, Iran, 21- 24 August 2006
6. Synthesis and antimicrobial evaluation of new azole compound (1, 2 diaza- spiro [4, 4] non-2ene with quinoxaline substituted). Poster in: 10th seminar of pharmaceutical sciences-Tehran, Iran, 21- 24 August 2006
7. Evaluation of differences in physician orders, cardexes and pharmacy prescriptions in a hospital of Shaheed Beheshti Medical University. Poster In 10th seminar of pharmaceutical sciences-Tehran, Iran, 21-24 August 2006
8. Transcription errors observed in a teaching hospital. Poster in: 35th European Symposium on Clinical Pharmacy-Vienna, Austria, 18-21 October 2006
9. Implementation of guideline for rationale use of Imipenem-cilastatin in a teaching hospital. Poster in: Rationale antibiotic Usage Seminar-Sari, Iran, 27 Feb-1 Mar 2012
10. Abbasinazari M, Serum iron and zinc changes in pulmonary tuberculosis patients during pharmacotherapy with regimens consisted of ethambutol. Poster in: 6th European Congress of Pharmacology- Granada, Spain, 17-20 July 2012
11. Abbasinazari M, The effect of Atorvastatin on the serum concentrations of thyroid stimulating hormone and free thyroxine in hyperthyroidism. Poster in: 6th European Congress of Pharmacology- Granada, Spain, 17-20 July 2012
12. Panahi Y, Abbasinazari M, Tavakoli Ardakani M, Sistanizad M, Sahraee Z. Study of efficacy of Erythropoietin (epolyrec) on hematologic parameters in patients with chemotherapy induced anemia and its comparison with erythropoietin (eprex). Poster in: 13th seminar of pharmaceutical sciences-Isfahan, Iran, 4-7 Sep 2012

13. Gilbert B, Abbasinazari M. The evidence base combinations of medications delivered by continuous subcutaneous infusion currently used in palliative care in Australia. Poster in: National Medicine Symposium 2012- Sydney, Australia, 24-25 May 2012
14. Abbasinazari M, Alavian SM, Asgharina M. Evaluation zinc plasma level in thalassemic hepatitis C patients in Iran. Poster in 3rd Seminar of Iranian clinical Pharmacy-Tehran, Iran, 11-12 May 2012
15. Abbasinazari M, Farsad BF, Ariaiinejad P. Assessment of nutritional status in ICU admitted patients receiving a standard enteral feeding product versus kitchen made enteral feeding by count index. Poster in 13th International nutrition and clinical diagnostics- Olomouc, Czech republic, 26-29 Aug 2013
16. Abbasinazari M. Evaluation nurses knowledge regarding drug nutrient interactions in a teaching hospital. Poster in 14th International nutrition and clinical diagnostics- Prague, Czech republic, 2-5 Sep 2014
17. Sarafzadeh F, Abbasinazari M. Assessment of nutritional status in Iranian cirrhotic patients due to hepatitis B or hepatitis C. Poster in 14th International nutrition and clinical diagnostics- Prague, Czech republic, 2-5 Sep 2014

Books:

1. Adverse drug reactions. Anne lee. (Translation in Persian) 2007
2. Applied tables for physicians and pharmacists (Persian) 2008
3. A synopsis of Anti tuberculosis medications (Persian) 2010
4. Liver and medications (Persian) 2014
5. Text book of therapeutics (Persian) 2024

Professional affiliations:

- **Member of national clinical pharmacy board from 2017**
- **Member of medical economic committee of Talighani hospital from 2013**

Research interests:

1. **Randomized Clinical trials in the area of internal diseases**
2. **Medication errors studies**
3. **Effect of health care professional educations on promotion of health system**